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COUPLES BARE ALL IN DISCOVERY FIT & HEALTH'S
ALL-NEW SERIES *SECRET SEX LIVES: SWINGERS*

- Four-Part Series Premieres Saturday, September 7 -

(Silver Spring, MD) – This September, Discovery Fit & Health delves into a mysterious and daring world in its all-new series, **SECRET SEX LIVES: SWINGERS**, which follows five all-American couples as they juggle marriage, family commitments and careers. But behind closed doors, these husbands and wives share one surprising thing in common: they all lead double lives as swingers. **SECRET SEX LIVES: SWINGERS** premieres **Saturday, September 7 at 10PM (ET/PT)** on Discovery Fit & Health.

The four-part series is set in Atlanta, Georgia, a bustling, yet traditional Southern city that also happens to be home to a lively swinger scene. Exploring the complex nuances of the relationships and psychology behind this way of life, **SECRET SEX LIVES: SWINGERS** showcases the issues that swinging couples often face and how they keep it hidden from family, friends and co-workers. The couples featured in this series are proud of how “normal” and functioning they are in a society that shuns their lifestyle, illustrating the importance of strong communication and transparency in any relationship.

SECRET SEX LIVES: SWINGERS captures the deep internal struggles these couples confront—and the repercussions of exposing their lives to family, close friends and the outside world, busting myths and dispelling misconceptions about this hidden lifestyle along the way.

SECRET SEX LIVES: SWINGERS is produced by Red Line Productions for Discovery Fit & Health and TLC International.

About Discovery Fit & Health

Discovery Fit & Health, a division of Discovery Communications, Inc. (Nasdaq: DISCA, DISCB, DISCK), entertains viewers with gripping, real-life dramas, featuring storytelling that chronicles the

human experience from cradle to grave. Network programming includes forensic mysteries, amazing medical stories, emergency room trauma, baby and pregnancy programming, parenting challenges, and stories of extreme life conditions. Discovery Fit & Health also features popular online and social media destinations found at DiscoveryFitandHealth.com, facebook.com/DiscoveryHealth and twitter.com/disc_health.

Please visit the Press Website at <http://press.discovery.com/us/dfh/> for additional press materials, online screeners, and photography.

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