



OWN: OPRAH WINFREY NETWORK NOVEMBER 2012 HIGHLIGHTS

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NEW SERIES & SEASONS

(P) Denotes: Premieres

“Married to the Army: Alaska” (60 Minutes)

Series Premiere - Sunday, November 18 (10-11 p.m. ET/PT)

Airs Mondays (10-11 p.m. ET/PT) Beginning November 19

Alaska is home to more than 10,000 active-duty soldiers, about 7,000 of whom were deployed to Afghanistan over the past two years. The war in Iraq may be over, but it continues in Afghanistan and for those families whose loved ones are still gone, life during deployment is challenging, especially in Alaska, an assignment the military considers as demanding as an overseas post. For the men and women whose spouses serve in the U.S. Army, deployment is not just an abstract word heard on the evening news. It's real, it's tough and it turns their world upside down. Military wives find themselves in a unique sisterhood. The tightest of bonds are formed over fears of deployment, realities of Army life and the emotional roller coaster of homecomings – all set against the backdrop of the rugged, demanding and extreme conditions of Alaska.

***(P) Sunday, November 18 (10-11 p.m. ET/PT) Episode: The Hooters
Comment Was Offensive***

While the Brigade Commander's wife Yolanda tries to promote sisterhood among the battalion wives, Traci and Lindsey battle over Army wife etiquette, and Sara's housewarming takes a troubling turn after the women hear news of a communications blackout down range. During a blackout, the Army disables all communication between soldiers and their families to prevent improper notifications in reaching those with wounded or fallen soldiers.

(P) Monday, November 19 (10-11 p.m. ET/PT) Episode: You Ever Been In A Turkish Prison?

Lindsey struggles with an emotionally distracted husband during R&R (rest and relaxation), Blair's pre-R&R lingerie shopping is disrupted by an upsetting phone call, and a pregnant Salina rushes to the hospital with abdominal pains.

(P) Monday, November 26 (10-11 p.m. ET/PT) Episode: Knock at the Door

Blair struggles to reconnect with her husband during R&R (rest and relaxation), while Yolanda's son who is visiting from West Point reveals life-changing news about his future. Meanwhile, Traci and Sara brace themselves for the worst when a communications blackout strikes on Mother's Day. During a blackout, the Army disables all communication between soldiers and their families to prevent improper notifications in reaching those with wounded or fallen soldiers.

"SUPER SOUL SUNDAY" (60 Minutes)

Season Premiere - Sunday, November 4 (11 a.m.-12 p.m. ET/PT)

The Emmy® Award-winning series "Super Soul Sunday" delivers a thought-provoking, eye-opening and inspiring block of programming designed to help viewers awaken to their best selves and discover a deeper connection to the world around them. Home to Oprah's Book Club 2.0, "Super Soul Sunday" features exclusive interviews and all-new conversations between Oprah Winfrey and top thinkers, authors, filmmakers and spiritual leaders. Exploring themes and issues including happiness, personal fulfillment, wellness, spirituality and conscious living, "Super Soul Sunday" presents an array of perspectives on what it means to be alive in today's world. Guests who have appeared include Wayne Dyer, Gary Zukav, Debbie Ford, Marianne Williamson, Ram Dass, Caroline Myss, DeVon Franklin, Sarah Ban Breathnach, Michael Singer, Daniel Pink, Thich Nhat Hanh and Oprah's Book Club author Cheryl Strayed. The series also presents Rainn Wilson's collection of uplifting short films created under his SoulPancake banner. Viewers can join the global conversation online via Oprah.com, Facebook and Twitter using #SuperSoulSunday.

(P) Sunday, November 4 (11 a.m.-12 p.m. ET/PT) Episode: Oprah & Deepak Chopra: Meditation 101

Oprah Winfrey sits down with renowned thought leader Deepak Chopra to demystify meditation. He answers viewer questions about this spiritual practice and introduces a new 21-day meditation challenge.

(P) Sunday, November 11 (11 a.m.-12 p.m. ET/PT) Episode: Oprah & Eckhart Tolle: Being In The Now

Oprah Winfrey sits down with New York Times bestselling author Eckhart Tolle to discuss his remarkable spiritual journey, groundbreaking webcasts, and to answer viewers' questions about living in the present moment.

(P) Sunday, November 18 (11 a.m.-12 p.m. ET/PT) Episode: Oprah and Three New Voices: Next Generation Spiritual Thinkers

In a "Super Soul Sunday" first, Oprah Winfrey interviews three up-and-coming thought leaders from the next generation of spiritual thinkers: Marie Forleo, Mastin Kipp and Gabrielle Bernstein.

(P) Sunday, November 25 (11 a.m.-12 p.m. ET/PT) Episode: Oprah & Jean Houston

Oprah Winfrey sits down with American philosopher and one of the elders of the personal growth movement, Jean Houston, to explore Houston's latest book, *The Wizard of Us: Transformational Lessons from Oz*.

"Home Made Simple" (60 Minutes)

Season Premiere - Saturday, November 3 (9-10 a.m. ET/PT)

Each week host Paige Davis and her team of experts meet a couple who find themselves stuck in their quest of making over a room, tackling a once-in-a-lifetime event or repurposing that favorite antique. Whether our couples are married, best friends, sisters or mother/daughter, our host and experts guide them through a series of clever ideas, renewed recipes and surprisingly simple do it yourself projects as they build to the big reveal. With teamwork they learn to complete their transformations and the "Home Made Simple" experts show our couples short cuts to simplify their homes, so they can live their best lives.

(P) Saturday, November 3 (9-10 a.m. ET/PT) Episode: Home Made Wedding

Celebrating their 10th anniversary, The Porters are looking for help to redo their bedroom and renew their vows. The "Home Made Simple" team will help create an incredible homemade Caribbean honeymoon suite and a romantic ceremony outside under their refreshed gazebo.

(P) Saturday, November 10 (9-10 a.m. ET/PT) Episode: Your Simple Room Swap Solution

The Eaton Family downsized one income and needs help making room for their grandma to care for the kids. The "Home Made Simple" team has unique ideas to reorganize the family room and flip their home office into a cozy room for grandma and a refreshed family room for all.

(P) Saturday, November 17 (9-10 a.m. ET/PT) Episode: Turning An Empty House Into A Home

The Walker Family has a new home, a new baby, and an empty space that needs some love. The "Home Made Simple" team is coming to the rescue to help The Walkers make their dream house a home and teach them some tricks for an easy housewarming party for the neighborhood.

(P) Saturday, November 24 (9-10 a.m. ET/PT) Episode: The Great Garage Takeover

A father who has battled and beat cancer shifts his focus back to his family. The "Home Made Simple" team has clever do-it-yourself ideas that will convert their storage packed garage into a homey family room and offer some tasty solutions to his new restricted diet.

CONTINUING SERIES (New Episodes)

(P) Denotes: Premieres

“OPRAH’S NEXT CHAPTER” (60 Minutes)

Sundays (9-10 p.m. ET/PT)

The primetime series features Oprah Winfrey as she steps outside of the studio for riveting, enlightening and in-depth conversations with newsmakers, celebrities, thought leaders and real-life families.

(P) Sunday, November 11 (9-10 p.m. ET/PT) Episode: Bette Midler & Valerie Simpson

Oprah Winfrey visits the larger-than-life Bette Midler at her home in New York City to talk about her legendary career and latest movie with Billy Crystal. Valerie Simpson of singing duo Ashford & Simpson talks to Winfrey about the loss of her husband of 37 years, Nick Ashford.

(P) Sunday, November 25 (9-10 p.m. ET/PT) Episode: Justin Bieber Worldwide Special

Oprah Winfrey and pop superstar Justin Bieber meet in Chicago for one of the most in-depth interviews the singer has ever agreed to do. Bieber opens up to Winfrey about his growth as an artist, navigating the music industry and handling the rigors of an international tour while maintaining relationships with family and friends. Later, the two go shopping for holiday gifts.

“OPRAH’S LIFECLASS” (60 Minutes)

Sunday, November 4 (9-10 p.m. ET/PT) Episode: Dream Big!

Oprah Winfrey takes the stage from Houston, Texas as teacher in one of the world’s biggest classrooms to share and discuss the principles that guide our lives. Winfrey is joined by Pastor Joel Osteen to discuss creating big dreams for yourself.

“OPRAH: WHERE ARE THEY NOW?” (60 Minutes)

Tuesdays (10-11 p.m. ET/PT)

“Oprah: Where Are They Now?” takes a look back at what happened to some of the biggest headline makers of all time and “Oprah” show guests.

(P) Tuesday, November 13 (10-11 p.m. ET/PT) Episode: Single Alaskan Men, A Cheating Husband & A Sexy Mom Who Got A Makeunder

“Oprah: Where Are They Now?” looks back at one of the highest rated Oprah shows, “The Alaskan Men Looking for Brides.” Plus, the cheating husband who couldn’t promise he’d stay faithful. And finally, the sexy mom who got a drastic make-under.

(P) Tuesday, November 20 (10-11 p.m. ET/PT) Episode: 7 Year Old Schizophrenic, A Man Who Lost 259 Lbs & A Dirty Dancing Reunion

“Oprah: Where Are They Now?” finds out what happened to the 7-year-old

schizophrenic; the man who lost 259 pounds; and the winner of the Oprah show's first ever dirty dancing contest.

(P) Tuesday, November 27 (10-11 p.m. ET/PT) Episode: The Pregnant Man, The Mom Who Spied On Her Daughter & The Somoano Quints

“Oprah: Where Are They Now?” sent cameras to find out what happened to the “pregnant man,” the mom who spied on her daughter and a stay-at-home dad of quintuplets.

“IYANLA: FIX MY LIFE” (60 Minutes)

Saturdays (10-11 p.m. ET/PT)

Iyanla Vanzant is an accomplished author, inspirational speaker, talk show host, and living testament to the value in life's valleys and the power of acting on faith. Iyanla has had a unique life filled with many personal struggles that she has overcome and used to become stronger. Now Iyanla is back, helping people fix their lives using her past to help others' futures. Secrets will be revealed, truths will be uncovered and emotions will come out as Iyanla teaches us how to pull back the curtain on what is broken in our lives.

(P) Saturday, November 3 (10-11 p.m. ET/PT) Episode: Fix My Love Life

Iyanla Vanzant shows single women how to pull back the curtain on their broken relationships, let go of the lies that are holding them back and start facing the truth about themselves and their dating patterns. What men want and what women need is also discussed.

(P) Saturday, November 10 (10-11 p.m. ET/PT) Episode: Fix My Cheating Husband

Iyanla Vanzant stops in Shreveport, Louisiana to help a couple in turmoil. A married pastor says that he has had affairs with women in his church and fathered a child with one of his mistresses. His wife says she is contemplating divorce and needs to make a decision.

(P) Saturday, November 17 (10-11 p.m. ET/PT) Episode: Fix My Fallen Star

Iyanla Vanzant heads to Los Angeles to support actress Maia Campbell, best known for her TV role as Tiffany on “In The House.” Through the years, Maia has struggled with addiction and was publicly humiliated when shocking videos of her hit the internet.

“WELCOME TO SWEETIE PIE’S” (60 Minutes)

Saturdays (9-10 p.m. ET/PT)

After former Ikette Robbie Montgomery found out she could no longer sing, she took her mother's soul food recipes passed down through the generations and created the empire known as Sweetie Pie's, St. Louis' iconic and wildly popular soul food restaurant run by Miss Robbie and her dynamic family. Now with two thriving locations, a third location recently underway, a wedding to plan for her son Tim and his fiancé Jenae, and two grandsons to tend to, Miss Robbie is

struggling to keep up with the demands between business and family. Meanwhile, her son Tim has his hands full juggling his new role as sole restaurant manager, aspiring rapper and life as a new dad. "Welcome to Sweetie Pie's" follows the loud, loving and still very musical Montgomery family as they struggle with expanding their family-owned business and creating a legacy to pass on to future generations, one soulful dish at a time.

(P) Saturday, November 3 (9-10 p.m. ET/PT) Episode: Just Say 'Yes Ma'am'

When Miss Robbie's voice gets worse and questions about her health arise, Tim sends staff from the Mangrove to help out at their newest restaurant, The Upper Crust. Meanwhile, after trying everything from bartending to zookeeping, Charles may have finally found his calling - acting.

(P) Saturday, November 10 (9-10 p.m. ET/PT) Episode: The Future of the Mangrove – Part 1

As Miss Robbie gets focused on consolidating restaurants and prepares to receive a community award from the UniverSoul Circus, Tim does his best to keep the Mangrove open, and inadvertently blows Jenae off for what may be the last time.

(P) Saturday, November 17 (9-10 p.m. ET/PT) Episode: The Future of the Mangrove - Part 2

After Tim unexpectedly closed the Mangrove restaurant location, the UpperCrust prepares for crowds, while Ike, Pops, and the others find themselves begging for their jobs back. Meanwhile, Jenae decides to move in to her new family house without Tim, and Charles tries his hand at being a fisherman as a way to bring in some money to pay for his acting classes.

SPECIALS & MOVIES

(P) Denotes: Premieres

"PRECIOUS" (180 Minutes)

Friday, November 9 (8-11 p.m. ET/PT)

Set in 1987, "Precious" is a dramatic, vividly realized story of a Harlem teenager who overcomes tremendous obstacles to discover her own worth, beauty and potential. The film is directed by Lee Daniels from a screenplay by Geoffrey Fletcher based on the book *Push*, a novel by Sapphire. The film stars Mo'Nique, Paula Patton, Mariah Carey, Sherri Shepherd, Lenny Kravitz and introduced Gabourey Sidibe. Among its numerous awards, the film won 2009 Academy Awards for Best Performance by an Actress in a Supporting Role (Mo'Nique) and Best Writing, Adapted Screenplay (Geoffrey Fletcher) as well as a Golden Globe for Best Performance by an Actress in a Supporting Role in a Motion Picture (Mo'Nique).

**“WELCOME TO SWEETIE PIE’S” (60 Minutes) - HOLIDAY SPECIAL
Saturday, November 24 (9-10 p.m. ET/PT)**

With the holidays upon us, the entire “Welcome to Sweetie Pie’s” family comes together to celebrate and to speak out about what life is like in front of (and behind) the cameras, reliving all the ups and downs of each of their soulful journeys – and what it’s really like being on TV.

**“OPRAH’S FAVORITE THINGS: 2012” (120 Minutes)
Sunday, November 18 (8-10 p.m. ET/PT)**

“Oprah’s Favorite Things” returns to kick-off the holiday season in a brand-new way. With the help of O Magazine’s editor-at-large Gayle King and creative director Adam Glassman, Oprah enlists famed designers Michael Kors and Tory Burch, along with celebrity chef Curtis Stone, for their insight into this season’s hottest, newest, most delectable items of the year put together for the magazine’s O List (on stands November 6). From the electronic gadget that everyone will be clamoring for and sweet treats that can put anyone in the holiday spirit to a trip to an exotic island locale and a stylish way to get organized, “Oprah’s Favorite Things” is jam-packed with great gift ideas just in time for the holidays including items you can only see in the television special. In addition, for the first time and in a way like never before, Oprah and her team honor a group of military spouses from each branch of the Armed Forces who have no idea that they are about to get the surprise of their lives.

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Welcome to Sweetie Pie’s, Precious