



OWN: OPRAH WINFREY NETWORK JANUARY 2013 HIGHLIGHTS

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NEW SERIES & SEASONS

(P) Denotes: Premieres

“OUR AMERICA WITH LISA LING” (60 Minutes)

Season Premiere – Tuesday, January 22 (10-11 p.m. ET/PT)

Lisa Ling takes viewers along for an in-depth look at some of the most controversial and thought-provoking issues in the United States today. From the real world of BDSM to our nation’s battle with childhood obesity to the loving lifestyle of polyamory to Lisa’s own father’s struggle with aging, in each episode Ling immerses herself into the lives of the people she meets and challenges viewers to understand different perspectives and sometimes even question what they themselves have always believed to be true in OUR AMERICA. Produced by part2 pictures.

(P) Tuesday, January 22 (10-11 p.m. ET/PT) Episode: Shades of Kink

Host Lisa Ling goes beyond the pages of the best-selling fantasy novel, *Fifty Shades of Grey*, to explore the very real subculture of BDSM (bondage and discipline, dominance, submission and sadomasochism) that exists in the United States. As an introduction to this complex world, Ling attends a “Kink 101” workshop in Los Angeles and meets a dominatrix and her clients who reveal a truth far more complicated than fiction.

(P) Tuesday, January 29 (10-11 p.m. ET/PT) Episode: Generation XXL

For the first time in U.S. history, our youngest generation is expected to live a shorter life than their parents as a result of childhood obesity. Lisa Ling meets families who are struggling to help their children lose weight in order to survive.

“STATEN ISLAND LAW” (30 Minutes)

Series Premiere – Saturday, January 12 (Two back-to-back episodes 9-10 p.m. ET/PT)

Meet Elura & Michele, two fast talking best friends from Staten Island. They might look like ordinary housewives, but they’re also former prosecutors who took their knack for telling it like it is and turned it into a successful mediation business. Whether it’s their own families or their colorful clients, Elura & Michele aren’t afraid to put themselves in the middle of a whole host of entertaining

disputes. For these bold and brassy mediator moms, no problem is too big and no conflict is too small.

(P) Saturday, January 12 (9-9:30 p.m. ET/PT) Episode: Elura & Michele Take Staten Island

Meet Elura & Michele, two fast-talking, no-nonsense attorneys who run a successful mediation business in Staten Island. In this series premiere, an engaged couple seeks help when a dispute over a pre-nup threatens to end their marriage before it begins.

(P) Saturday, January 12 (9:30-10 p.m. ET/PT) Episode: Barber Wars

When a barbershop owner's dispute with his top barber reaches a stalemate, Elura and Michele must step in to try and salvage the business.

(P) Saturday, January 19 (9-9:30 p.m. ET/PT) Episode: The Deposit Debacle

Elura and Michele mediate a dispute between a landlord and tenant -- former close friends who now threaten to take one another to court over a costly security deposit.

(P) Saturday, January 19 (9:30-10 p.m. ET/PT) Episode: Robin vs. Robin

Elura and Michele step in to mediate a tumultuous relationship when an overbearing mother threatens to evict her disrespectful daughter.

(P) Saturday, January 26 (9-9:30 p.m. ET/PT) Episode: Battle of the Bars

Elura and Michele set out to make history when they mediate a dispute between two men who each claim their bar is the oldest on Staten Island.

(P) Saturday, January 26 (9:30-10 p.m. ET/PT) Episode: Disturbing the Peace

Elura and Michele must settle a noise dispute between a loud, young singer who practices from home, and her quiet, older neighbor whose way of life is being destroyed.

“TROUBLE NEXT DOOR” (60 Minutes)

Series Premiere – Monday, January 7 (10-11 p.m. ET/PT)

"Trouble Next Door" follows desperate families in crisis as they attempt to reach out to their fellow neighbors for a helping hand. Tackling issues ranging from strained relationships, to out of control teens, to insurmountable financial woes, "Trouble Next Door" proves that it really does take a village.

(P) Monday, January 7 (10-11 p.m. ET/PT) Episode: The Fear of Judgment

A married couple must overcome their paralyzing fear of being judged when they call on neighbors for help with their emotionally explosive six-year-old son and their music-obsessed teen. The community doesn't just help the kids, they also confront mom.

(P) Monday, January 14 (10-11 p.m. ET/PT) Episode: Spoiled and Out of Control

A single mom in financial trouble struggles to control two high-maintenance, teenage daughters headed down a dangerous path of sexuality and drug use. Neighbors unite to teach the teens a new-found appreciation for all that they have.

(P) Monday, January 21 (10-11 p.m. ET/PT) Episode: Overcoming Bullies

A disabled mother of two seeks help from neighbors. Her teenage daughter has isolated herself for over a year after severe schoolyard bullying and her son suffers from Aspergers. The community comes together to offer the family life-changing gifts.

“LOST AND FOUND” (60 Minutes)

Series Premiere – Thursday, January 3 (10-11 p.m. ET/PT)

"Lost and Found" showcases the remarkable stories of people, places and precious items that were once lost and that now have been found. Each one-hour episode takes viewers on an emotional journey of discovery, featuring stories such as a family's search for a long-lost daughter; the return of a lost Super Bowl ring; and the discovery of possible priceless painting by Michelangelo. On "Lost and Found" there are numerous surprises waiting to be found, enriching the lives emotionally (and sometimes financially) of those involved in their discovery. The series is produced by LMNO Productions. The executive producers are Eric Schotz and Lisa Bourgojian.

(P) Thursday, January 3 (10-11 p.m. ET/PT) Episode: Miraculous Reunions

Holocaust survivors reunite for the first time in 73 years, then an emotional reunion when a former student-athlete finally gets her letterman's jacket; and in a twist of fate a balloon bonds a friendship of two girls with the same name and same age.

(P) Thursday, January 10 (10-11 p.m. ET/PT) Episode: Family Secrets Revealed

An adopted child sold in an infamous black market baby ring tracks down her birth mother and finds a whole new family. Then, a dusty old painting is revealed to be a centuries-old lost treasure.

(P) Thursday, January 17 (10-11 p.m. ET/PT) Episode: Second Chance at Life and Love

A young girl facing death receives the gift of life and a life-long bond with her donor's family; then 50 years of lost love letters are found and a story is revealed; and a shocking reunion when former co-workers discover they are mother and daughter.

(P) Thursday, January 24 (10-11 p.m. ET/PT) Episode: Joplin Rises: After the Tornado

Two teenagers, critically wounded after a deadly 2011 Joplin, Missouri tornado, seek out the couple who saved their lives. Then, strangers come together to reunite tornado victims with precious mementos that were feared lost forever.

(P) Thursday, January 31 (10-11 p.m. ET/PT) Episode: Surprises of a Lifetime

Missing as a baby for over thirty years, a woman is reunited with her mother and two tenacious siblings she has never met. In addition, a priceless Super Bowl ring lost in the ocean is found 40 years later and returned its owner, former New York Jets center John Schmitt; and a 160-million-year-old fossil is discovered by a five-year-old child.

“POLICE WOMEN OF DALLAS” (60 Minutes)

Series Premiere – Friday, January 18 (10-11 p.m. ET/PT)

“Police Women of Dallas” follows the lives of four extraordinary women -- three police officers and a detective -- as they provide a first-person account of their intensely demanding and often dangerous lives as officers of the law. Each episode is packed with adrenaline, bringing viewers along for the ride as the women risk their lives to keep the streets of Dallas safe. Every day brings a delicate balance as the women juggle their lives as mothers, sisters and wives against a career that comes with serious risks.

“SUPER SAVER SHOWDOWN” (60 Minutes)

Season Premiere – Wednesday, January 2 (9-10 p.m. ET/PT)

Hosted by do-it-yourself expert Kristan Cunningham (“Design on a Dime”) each episode of “Super Saver Showdown” features two obsessed bargain hunters competing to see whose coupon clipping, super saving and do-it-yourself skills are the best, while helping families throw stylish events on a budget.

(P) Wednesday, January 2 (9-10 p.m. ET/PT) Episode: Rain or Shine, It’s Party Time: Kristin vs. Tanya

It’s Science Party vs. Hockey Party as two savings obsessed shoppers go head to head in a kids’ birthday bargain battle. With only 48 hours and a \$200 budget, who will do it better, faster and cheaper and bring home the \$10,000 prize?

(P) Wednesday, January 9 (9-10 p.m. ET/PT) Episode: Markdowns and Meltdowns: Allison vs. Ericka

It’s Rock ‘n’ Roll Graduation vs. Hollywood Premiere Sweet 16 as two savings obsessed shoppers go head to head to help plan a party for a family on a budget. With only 48 hours and a \$200 budget, who will do it better, faster and cheaper and win the \$10,000 prize?

“SHOCKING FAMILY SECRETS” (60 Minutes)

Series Premiere – Monday, January 7 (9-10 p.m. ET/PT)

Every family has a secret...but how far will people go to protect them? “Shocking Family Secrets” explores real stories of deception, mystery and scandal that are hidden just beneath the surface of what appears, from the outside, to be ordinary family lives. From kidnapped children to married cousins and fugitive moms, “Shocking Family Secrets” pulls back the curtain of normalcy to unravel the buried mysteries behind these family betrayals. Discover how - and why - these secrets were kept in the first place. These concealed narratives are not only unbelievably shocking, they are also disturbingly true.

(P) Monday, January 7 (9-10 p.m. ET/PT) Episode: Around the World and Back

Secrets will forever change the lives of three families. Nefertiti unravels the mystery of her nomadic childhood, Steve discovers his birth mother is closer than he imagined and Ellen learns the truth about her strained relationship with her parents.

(P) Monday, January 14 (9-10 p.m. ET/PT) Episode: Debutante in Distress

Secrets will forever change the lives of three families. Julie’s life of wealth and privilege is suddenly ripped away, a grieving father hides a shocking secret from his children, and Richard finds out his birth mother is famous.

(P) Monday, January 21 (9-10 p.m. ET/PT) Episode: The Ultimate Gift

Secrets will forever change the lives of three families. Carolyn and Sean risk everything to have a child, Michele’s picture-perfect life isn’t what it seems, and Randy’s new job holds the key to his past.

CONTINUING SERIES (New Episodes)

(P) Denotes: Premieres

“OPRAH’S NEXT CHAPTER” (60 Minutes)

Sundays (9-10 p.m. ET/PT)

The primetime series features Oprah Winfrey as she steps outside of the studio for riveting, enlightening and in-depth conversations with newsmakers, celebrities, thought leaders and real-life families.

(P) Sunday, January 6 (9-10 p.m. ET/PT) Episode: David Letterman

Oprah Winfrey speaks with legendary late night talk show host David Letterman in a rare interview discussing his rival Jay Leno, his public sex scandal, how he repaired his marriage and his battle with depression.

“OPRAH’S LIFECLASS” (60 Minutes)

Sundays (9-10 p.m. ET/PT)

Oprah Winfrey takes the stage as teacher in one of the world’s biggest classrooms to share and discuss the principles that guide our lives. The series is

a true multi-platform experience with millions of students from over 200 countries around the world engaging with Oprah on-air, online and via social media in inspiring conversations.

(P) Sunday, January 13 (9-10 p.m. ET/PT) Episode: Rick Warren: Winning The Hand You're Dealt

Oprah Winfrey and Pastor Rick Warren discuss how to live with and maximize the hand you're dealt and the five "cards" that make up our identity: chemistry, connections, circumstances, consciousness and the card that can change our entire hand -- choices.

"HOME MADE SIMPLE" (60 Minutes)

Saturdays (9-10 a.m. ET/PT)

Each week host Paige Davis and her team of experts meet a couple who find themselves stuck in their quest of making over a room, tackling a once-in-a-lifetime event or repurposing that favorite antique. Whether our couples are married, best friends, sisters or mother/daughter, our host and experts guide them through a series of clever ideas, renewed recipes and surprisingly simple do it yourself projects as they build to the big reveal. With teamwork they learn to complete their transformations and the "Home Made Simple" experts show our couples short cuts to simplify their homes, so they can live their best lives.

(P) Saturday, January 12 (9-10 a.m. ET/PT) Episode: One Room Fits All

Mr. Kate teaches cohesive design in a multipurpose room, making room for dad's charity work, mom's workout and their daughters' play area; it's all for one and one for all for a family that puts charity work first.

(P) Saturday, January 19 (9-10 a.m. ET/PT) Episode: Office Clutter to Organized Oasis

A young couple is surprised with a brand new kitchen and a home office refreshed and reorganized that boasts an artistic tower of end tables turned into bookshelves and a desk make out of two old doors.

(P) Saturday, January 26 (9-10 a.m. ET/PT) Episode: Cluttered Garage Gets a Crafty Revamp

A divorced working mom gets the team's help to turn her over-cluttered garage into a craft room for the whole family to enjoy. She learns to maximize her time and minimize her stress with simple organizing tips and tricks to create a crafter's dream room.

"SIX LITTLE MCGHEES" (30 Minutes)

Saturdays (Two back-to-back episodes 9-10 p.m. ET/PT)

"Six Little McGhees" follows the inspirational lives of Mia and Rozonno McGhee as they juggle marriage, a family business and six adorable toddlers. High school sweethearts who banded together to rise above their humble roots, Mia and Ro never imagined that they would be blessed with Columbus, Ohio's first

sextuplets. Together, with an unconventional army of volunteers, they prove that with a lot of love and a little support, anyone can beat the odds. From sun up to sun down, cameras document each busy day as the McGhees navigate life with six small children and an entourage of helpers. And with the terrible two's fast approaching, the trouble has just begun.

(P) Saturday, January 5 (9-9:30 p.m. ET/PT) Episode: Family Business

With the children's Christening fast approaching, Mia and Cilky try to make amends. Meanwhile, a dispute quickly arises at the family business when Ro's brother accidentally damages a customer's property.

(P) Saturday, January 5 (9:30-10 p.m. ET/PT) Episode: Six Little Birthdays

Mia finds herself in over her head as she tries to plan the toddlers' second birthday party, on top of running the household and juggling the family business.

“IN THE BEDROOM WITH DR. LAURA BERMAN” (60 Minutes)

Tuesdays (10-11 p.m. ET/PT)

Dr. Laura Berman wants you to have great sex. A relationship expert, sex therapist, New York Times bestselling author and Sirius XM radio show host, Dr. Berman makes house calls to help troubled couples uncover what's really going on between the sheets. No issue is off limits with Dr. Berman, and she isn't afraid to talk specifics. This series will surprise viewers with questions that prove how normal it is to need help... in the bedroom.

(P) Tuesday, January 1 (10-11 p.m. ET/PT) Episode: Sex, Power, and Fantasies

Jaime's weight gain, kinky sexual demands, and desire for a baby have upset the balance of power in her marriage to Leonard, causing a major rift in the bedroom.

(P) Tuesday, January 8 (10-11 p.m. ET/PT) Episode: Sex, Lingerie, and the Post-Baby Body

Kadisha and Levatino's sex life is in peril as Kadisha's body image issues keep her emotional walls up and her sex drive down.

(P) Tuesday, January 15 (10-11 p.m. ET/PT) Episode: Sex, Family and Fighting Dirty – SEASON FINALE

Ashley and Mike are on the verge of divorce as their increasingly toxic fighting spirals out of control.

SPECIALS

“LIFE”

Tuesday, January 1 (11 a.m. - 9 p.m. ET/PT)

For the first time, the critically acclaimed, award-winning documentary series "LIFE" from the BBC will have a special presentation on OWN: Oprah Winfrey Network on New Year's Day, Tuesday, January 1 from 11 a.m. - 9 p.m. ET/PT.

Our world is home to more than 30 million different animal and plant species, each locked in a unique fight for survival. Narrated by Oprah Winfrey, "LIFE" is the definitive exploration of the adaptability and diversity of life on earth, revealing the most spectacular, bizarre and fascinating behaviors that living things have devised in order to thrive. Many of these were captured for the first time using the latest in state-of-the-art high-definition filming techniques. From strange creatures, such as the star-nosed mole that hunts underwater using bubbles to smell its prey, to epic spectacles, including millions of fruit bats darkening the Zambian sky, each episode tells mind-blowing stories of survival with drama, humor and suspense. More than four years in the making, filmed over 3,000 days, across every continent and in every habitat, this is life as no one has ever seen it before.

Episode: Challenges of Life (11 a.m. - 12 p.m. ET/PT)

Our planet's animals and plants have extraordinary survival strategies. The stalk-eyed fly inflates its head to impress females. Three Cheetahs in Kenya have banded together to hunt large prey. In Brazil, monkeys use a hammer and anvil to crack nuts.

Episode: Creatures of the Deep (12 p.m. - 1 p.m. ET/PT)

Deep-sea marine invertebrates are extraordinarily diverse. In this episode, Humboldt squid change color like flashing neon signs and attack a school of fish, while vast numbers of giant spider crabs emerge and congregate in the shallows to molt.

Episode: Insects (1 p.m. - 2 p.m. ET/PT)

Masters of adaptation, the vast variety of insects outnumber all other animal species put together. While the female Darwin stag beetle has normal jaws, the male's mandibles are longer than his body.

Episode: Fish (2 p.m. - 3 p.m. ET/PT)

Fish are the most varied and diverse backboned creatures on the planet. They range from pregnant males to fish that fly, to those that have a top speed faster than a cheetah. Weedy Sea dragons, mudskippers, and the sarcastic fringehead are featured.

Episode: Reptiles & Amphibians (3 p.m. - 4 p.m. ET/PT)

Amphibians and reptiles are masters of survival. A pebble toad escapes a tarantula by bouncing down a rock face; the basilisk lizard runs on water; a chameleon snatches its prey with its tongue; the Komodo Dragon has savage hunting techniques.

Episode: Plants (4 p.m. - 5 p.m. ET/PT)

Plants are dependent on three main elements for survival: sunlight, water and nutrients. They're fiercely competitive and cunningly opportunistic. Sunlight is rare on the forest floor, so climbers use other plants as a ladder to get to the light.

Episode: Birds (5 p.m. - 6 p.m. ET/PT)

Birds have one feature that no other animal possesses: feathers. This allows them to solve life's challenges in radically different ways. Birds also use color, song and ingenuity to win the hearts of their mates.

Episode: Mammals (6 p.m. - 7 p.m. ET/PT)

Mammals' warm blood, fat and fur allow them to thrive in every habitat except the deep ocean. Millions of fruit bats roost together in Zambia, an elephant matriarch steps in to save her granddaughter, and male humpback whales battle violently for a mate.

Episode: Hunters (7 p.m. - 8 p.m. ET/PT)

The ability to learn from past experiences and develop novel solutions to problems has allowed mammals to find prey - and avoid being preyed upon - in every environment on Earth.

Episode: Primates (8 p.m. - 9 p.m. ET/PT)

Intelligence, adaptability and resourcefulness have enabled primates to thrive in an incredible diversity of habitats. Primates have found extraordinary ways to improvise, especially when faced with challenges beyond their physical means.

“SWEEPSTAKERS”

Wednesday, January 2 (10-11 p.m. ET/PT)

Sweepstakers introduces viewers to the quirky, obsessive and competitive world of sweepstakes through the lives of three female sweepers who have various reasons for spending multiple hours a week trying to win prizes -- whether it be for enjoyment, necessity or even as a substitute for a career.

“MY LIFE IS A JOKE”

Sunday, January 6 (10-11 p.m. ET/PT)

“My Life is a Joke” follows the journey of five aspiring female comedians as they try to work their way to the top of the comedy world in Chicago, the breeding ground for some of the most iconic stand-ups, sketch and improvisation comics. The special takes an unfiltered look at the next generation of rising stars as they pursue their dreams in The Windy City from the comedy club stage to juggling their day-jobs and home life. Featuring comediennes Kellye Howard, Jessica Joy, Patti Vazquez, Lisa Laureta and Natalie Jose, they each discover how far they will go and how much they will sacrifice to achieve their dreams.

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Home Made Simple, Trouble Next Door, Super Saver Showdown, Sweepstakers, Police Women of Dallas