



**OWN: OPRAH WINFREY NETWORK  
JULY 2019 HIGHLIGHTS**

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**CONTINUING SERIES**

**(P) Denotes: Premieres**

**(F) Denotes: Finales**

**AMBITIONS**

**Tuesdays (10 p.m. – 11 p.m. ET/PT)**

“Ambitions” explores the sexy, deceitful machinations of love, power and politics in America’s hottest urban mecca, Atlanta, Georgia. The action revolves around the intense rivalry between formidable legal eagles Stephanie Carlisle Lancaster (Robin Givens) and Amara Hughes (Essence Atkins), former best friends from college who find themselves adversaries in both their personal and professional lives. Stephanie is married to driven Atlanta Mayor Evan Lancaster (Brian White). At the story’s inception, Amara and her husband, Titus Hughes (Kendrick Cross), move to Atlanta for a fresh start. Huge themes of gentrification and the American opioid crisis ground the series in the reality of today. Unforgettable strivers like round-the-way diner owner Rondell Lancaster (Brely Evans) and Mexican-American fashion designer Bella Tru (Erica Page) round out the ensemble cast of regulars.

***(P) Tuesday, July 2 (10 p.m. – 11 p.m. ET/PT) Episode: Welcome to Birmingham***

Stephanie (Robin Givens) continues her quest to repay Amara (Essence Atkins). Rondell (Brely Evans) falls out of favor with Senior (Tony Vaughn) and Bella (Erica Page) develops a new strategy.

***(P) Tuesday, July 9 (10 p.m. – 11 p.m. ET/PT) Episode: Reap What You Sew***

Stephanie (Robin Givens) and Evan (Brian White) join forces for their own self-interest while Titus (Kendrick Cross) embarks on a mission that could jeopardize his entire career.

***(P) Tuesday, July 16 (10 p.m. – 11 p.m. ET/PT) Episode: Killing Me Softly***

A newcomer to Atlanta carries out a nefarious plan; Stephanie (Robin Givens) deals from the bottom of the deck to get what she wants.

***(P) Tuesday, July 23 (10 p.m. – 11 p.m. ET/PT) Episode: What About Your Friends***

Stephanie (Robin Givens) is a force to be reckoned with at a Women’s Empowerment Summit; Bella (Erica Page) forges an alliance with Rod (Karon J. Riley).

***(P) Tuesday, July 30 (10 p.m. – 11 p.m. ET/PT) Episode: Poison and Wine***

Stephanie (Robin Givens) makes an accusation and vows to get revenge; Bella (Erica Page) navigates Rod (Karon J. Riley) and Evan (Brian White); Amara (Essence Atkins) forms an unlikely partnership that compels Titus (Kendrick Cross) to make questionable moves.

**THE HAVES AND THE HAVE NOTS**

**Tuesdays (9 p.m. – 10 p.m. ET/PT)**

Season six of “The Haves and the Have Nots” culminates in one of the most jaw-dropping finales that Tyler Perry has ever written. Years of behaving badly will have deadly consequences for some of Savannah’s most prominent residents. The series stars John Schneider (Jim Cryer), Tika Sumpter (Candace Young), Angela Robinson (Veronica Harrington), Renee Lawless (Katheryn Young),

Crystal Fox (Hannah Young), Peter Parros (David Harrington), Tyler Lepley (Benny Young), Gavin Houston (Jeffrey Harrington) and Aaron O'Connell (Wyatt Cryer).

***(F) Tuesday, July 2 (9 p.m. – 10 p.m. ET/PT) Episode: Show Not Tell***

Veronica (Angela Robinson) and Wyatt (Aaron O'Connell) retaliate against their enemies.

**QUEEN SUGAR**

**Wednesdays (9 p.m. – 10 p.m. ET/PT)**

In "Queen Sugar" season four, the contemporary drama returns as the Bordelons find themselves continuing their fight to save their family farm and preserve their father's legacy as they navigate their own personal journeys. Charley (Dawn-Lyen Gardner) remains in the thick of the trials and tribulations in both her personal and professional life as she continues to battle the Landry family while also trying to ensure Micah's (Nicholas Ashe) safety and future. Nova (Rutina Wesley) publishes her memoir and while she goes on a book tour around the country sharing her family secrets and shaking things up at home, she unexpectedly encounters significant relationships from her past along the way. Ralph Angel (Kofi Siriboe) is managing fatherhood and his complicated relationship with ex-girlfriend Darla (Bianca Lawson) after learning he is not the biological father of his son, Blue (Ethan Hutchison), and is encouraged by an old friend to create opportunities for formerly incarcerated men.

***(P) Wednesday, July 3 (9 p.m. – 10 p.m. ET/PT) Episode: Skin Transparent***

Nova (Rutina Wesley) remains estranged from her family, Charley (Dawn-Lyen Gardner) learns more about the Landry's plans, and Ralph Angel (Kofi Siriboe) launches a re-entry program. Plus, Charley and Romero (Walter Perez) start their makeshift clinic and Nova reveals a disturbing family secret at her book launch. Finally, Violet (Tina Lifford) releases the pain of her past.

***(P) Wednesday, July 10 (9 p.m. – 10 p.m. ET/PT) Episode: Face Speckled***

Remy (Dondré Whitfield) reveals he's leaving town, Davis (Timon K. Durrett) turns to Charley (Dawn-Lyen Gardner) for advice when Nova's (Rutina Wesley) book impacts his job, and Charley and Romero's (Walter Perez) clinic is raided by ICE agents. Plus, Ralph Angel (Kofi Siriboe) explains to Blue (Ethan Hutchison) that they are connected by their souls, not by their blood.

***(P) Wednesday, July 24 (9 p.m. – 10 p.m. ET/PT) Episode: By The Spit***

Ralph Angel (Kofi Siriboe) and Darla (Bianca Lawson) grow concerned for Blue (Ethan Hutchison), Nova (Rutina Wesley) and Octavia's relationship hits a setback, and a concerning attack raises doubts about Charley's (Dawn-Lyen Gardner) campaign. Plus, Hollywood (Omar J. Dorsey) grows more concerned for Violet (Tina Lifford).

***(P) Wednesday, July 31 (9 p.m. – 10 p.m. ET/PT) Episode: Of Several Centuries***

Nova's (Rutina Wesley) press tour continues, and she reconnects with Calvin (Greg Vaughan); Violet's (Tina Lifford) diner is vandalized and Charley (Dawn-Lyen Gardner) discovers the perpetrator; Darla (Bianca Lawson) continues to struggle; and Ralph Angel's (Kofi Siriboe) re-entry program is in jeopardy. Plus, Charley receives devastating news.

**IYANLA: FIX MY LIFE**

**Saturdays (9 p.m. – 10 p.m. ET/PT)**

In dramatic new episodes, life coach Iyanla Vanzant works with those whose lives are in chaos, encouraging them to do the work necessary for real change. Through emotional heart-to-heart conversations and a large dose of tough-love, Iyanla helps individuals confront unresolved issues that are causing upheaval in their lives. Coaching her guests, Iyanla gives them the tools to fix their own lives – tools that will help them break the negative patterns that are preventing true happiness.

***(P) Saturday, July 6 (9 p.m. – 10 p.m. ET/PT) Episode: DNA Dysfunction: Are You My Father? Pt. 1***

Neil abandoned his three sons nearly 30 years ago, and is desperate to form a relationship with them today. In an unexpected twist, a paternity test is ordered to shed new light on old wounds as Iyanla tries to get to the bottom of their dysfunction.

***(P) Saturday, July 13 (9 p.m. – 10 p.m. ET/PT) Episode: DNA Dysfunction: Are You My Father? Pt. 2***

In Part 2, three brothers seek Iyanla's help in healing the wounds left when their drug-addicted father abandoned them. The DNA test results are in, and when the truth is revealed, everyone is forced to decide if they are going to stay or walk away.

***(P) Saturday, July 20 (9 p.m. – 10 p.m. ET/PT) Episode: Born in Prison: Lil' Karla Beverly***

Lil' Karla has been labeled a bad seed since day one, whose bad behavior has her father, aunt and grandmother at the end of their ropes. As soon as Iyanla sits down with the family, however, she quickly discovers that the problem with Lil' Karla is them.

***(P) Saturday, July 27 (9 p.m. – 10 p.m. ET/PT) Episode: Pride vs. Prejudice (Part 1)***

A husband is caught in the middle between his black wife and his white, German mother. Will the mother's five page letter of resentments to Iyanla help resolve their conflict, or is it the proof the couple needs to justify the distance they're keeping?

**TO HAVE & TO HOLD: CHARLOTTE**

**Saturdays (10 p.m. – 11 p.m. ET/PT)**

"To Have & To Hold: Charlotte" follows five couples living in Charlotte and the real challenges they face, from financial stress, to issues with intimacy, to the ups and downs of parenthood. These tight-knit friends like to let loose and have fun, and while the passionate and often opinionated couples may have their differences, they will ultimately do anything for each other. As marriages and friendships are put to the test, will they have the love and strength needed to thrive or will some of these relationships crack under the pressure?

***(P) Saturday, July 6 (10 p.m. – 11 p.m. ET/PT) Episode: Leaving The Nest***

Alane reveals a health issue that threatens her livelihood, while Christine and Darhyl anxiously take a pregnancy test. Ursula and Clinton try to ease the tension by arranging a group astrology reading for their friends.

***(P) Saturday, July 13 (10 p.m. – 11 p.m. ET/PT) Episode: It's Time to Make Moves***

Josh takes a giant step in his relationship with Peter...and Juliana. Darhyl puts his foot down about starting a family. And Tyyawdi and David's big announcement at their annual "Ugly Sweater" holiday party is upstaged by fighting between Alane and Juliana.

***(P) Saturday, July 20 (10 p.m. – 11 p.m. ET/PT) Episode: Party Bus or Bust***

The drama at the Ugly Sweater Party continues as Josh stands up to Alane for Juliana. Tyyawdi and David announce their separation and set ground rules for the next phase of their relationship. Darhyl throws Christine a lavish birthday party.

***(P) Saturday, July 27 (10 p.m. – 11 p.m. ET/PT) Episode: Enraged and Engaged?***

After a fallout at Christine's party brings Alane's friendship with Peter and Josh to the brink of collapse, Josh decides to propose. Tyyawdi second-guesses her separation from David, and Ursula's career dreams hit a roadblock.

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*To Have & To Hold: Charlotte; The Haves and the Have Nots*