NEW SERIES & SEASONS
(P) Denotes: Premieres

QUEEN SUGAR
Two-Night Series Premiere Tuesday, October 3 and Wednesday, October 4 at 10 p.m. ET/PT
*The series will regularly air on Wednesdays at 10 p.m. ET/PT*
From Academy Award-nominated filmmaker Ava DuVernay (“13th,” “Selma”) and executive producer Oprah Winfrey, “Queen Sugar” tells the contemporary story of the Bordelon siblings who struggle to move forward with their lives as they strive to honor the legacy of their father following his unexpected passing. Charley (Dawn-Lyen Gardner, “Unforgettable”) relocates to Saint Josephine, Louisiana to help run the family business. As the only black female sugarcane mill owner, she must fight to regain her independence while rebuilding her relationships with her estranged siblings: Ralph Angel (Kofi Siriboe, “Girls Trip”) who attempts to transform from a formerly incarcerated single father to a land owner while he’s working to restore his relationship with his son’s mother; and Nova (Rutina Wesley, “True Blood”) who finds herself torn between her activism and her desire to be loved. Together, they must learn to rely on one another as they navigate their tenuous bonds as family.

(P) Tuesday, October 3 (10 p.m. - 11 p.m. ET/PT) Episode: Yet Do I Marvel
Darla (Bianca Lawson) reaches out to her family to share her engagement news and Violet’s (Tina Lifford) condition worsens. Nova’s (Rutina Wesley) Zika story causes concern in the community and Micah (Nicholas L. Ashe) finally comes to terms with his emotions. Plus, Charley (Dawn-Lyen Gardner) receives an unexpected visit from her mother (guest star Sharon Lawrence), and the two have an honest conversation about Charley’s upbringing.

(P) Wednesday, October 4 (10 p.m. - 11 p.m. ET/PT) Episode: Drums at Dusk
An unexpected encounter creates issues between Ralph Angel (Kofi Siriboe) and Darla (Bianca Lawson). Meanwhile, the presence of Charley’s mother Lorna (Sharon Lawrence) gives rise to old tensions in the family, and Violet (Tina Lifford) finally sees a doctor about her recurring symptoms.

(P) Wednesday, October 11 (10 p.m. - 11 p.m. ET/PT) Episode: Fruit of the Flower
Nova (Rutina Wesley) and Robert’s (Alimi Ballard) relationship begins to shift, Ralph Angel (Kofi Siriboe) feels humiliated by Remy (Dondré T. Whitfield), Hollywood (Omar J. Dorsey) and Violet (Tina Lifford) clash over Hollywood’s new friend, and Lorna (Sharon Lawrence) finally reveals the true history of her relationship with Nova and Ralph Angel’s father.
**Wednesday, October 18 (10 p.m. - 11 p.m. ET/PT)**
Nova (Rutina Wesley) and Robert's (Alimi Ballard) relationship hits a major setback. Darla (Bianca Lawson) and Ralph Angel (Kofi Siriboe) plan their upcoming wedding. Davis (Timon Kyle Durrett) offers Charley (Dawn-Lyen Gardner) help with her harvest festival. Later, Davis and Charley realize they've both moved on in new relationships. Davis makes amends.

**Wednesday, October 25 (10 p.m. - 11 p.m. ET/PT)**
Remy (Dondré T. Whitfield) and Charley (Dawn-Lyen Gardner) discuss their future. Violet (Tina Lifford) receives a life changing diagnosis, and Nova (Rutina Wesley) and Calvin (guest star Greg Vaughan) come face-to-face for the first time in months. Plus, Darla (Bianca Lawson) reunites with her parents, and she reveals a devastating secret to Ralph Angel (Kofi Siriboe).

**Continuing Series**

- **(P)** Denotes: Premieres
- **(F)** Denotes: Finales

**Released**

**Saturdays (10 p.m. – 11 p.m. ET/PT)**
Through a diary-like lens, the new documentary series “Released” presents autobiographical portraits of formerly incarcerated individuals as they walk out of the prison doors for the first time. During their first 90 days out of prison, each attempt to reconnect with their loved ones, establish their independence and begin the long, hard work of resurrecting their abandoned lives.

**Saturday, October 7 (10 p.m. - 11 p.m. ET/PT) Episode: Left Behind**
After serving 18 years in prison, Michael is haunted by the death of his father. Meanwhile, Kevin attempts to reconcile with his children, Jermaine gets bad news from his parole officer, and Kay reveals her struggles with addiction during church.

**Saturday, October 14 (10 p.m. - 11 p.m. ET/PT) Episode: No More Excuses**
Kevin, Kay, Michael and Jermaine face reality after the "honeymoon" of their release is over. Kevin hits a snag on the job hunt; Kay gets a surprise visit from a parole officer; Michael visits his father's cemetery and Jermaine tries to reach out to his estranged daughter.

**Saturday, October 21 (10 p.m. - 11 p.m. ET/PT) Episode: Ties That Bind**
Sam is released and reunited with a wife and kids who waited 26 years for him. Kay and Jermaine face the skepticism and distrust of family members who haven't fully forgiven them for their pasts; Mike tries to get his driver's license and meets his probation officer.

**Saturday, October 28 (10 p.m. - 11 p.m. ET/PT) Episode: Road Blocks**
After 15 years, Bruce is released to a newborn daughter and his old neighborhood friends. Kevin finally gets a chance to prove himself on the job; Kay lays the groundwork for her future with her son; Sam tackles fatherhood for the first time in 26 years.

**Iyanla: Fix My Life**

**Saturdays (9 p.m. – 10 p.m. ET/PT)**
Spiritual life coach Iyanla Vanzant tackles many thought-provoking issues on the all-new season of OWN's award-winning series "Iyanla: Fix My Life." In eight emotional episodes,
Iyanla helps those who are struggling, guiding them toward a new way of living and encouraging them to do the work necessary for real change. Iyanla is a bestselling author, spiritual life coach, television host and living testament to the power of acting on faith. Iyanla has lived a unique life filled with personal struggles, which she has overcome and used to do the work in her own life. Through emotional heart-to-heart conversations and often a dose of tough-love, Iyanla helps individuals confront unresolved issues that are causing turmoil. She coaches guests and gives them the tools to fix their own lives, seeking to break the negative patterns that are preventing true happiness.

(P) Saturday, October 7 (9 p.m. – 10 p.m. ET/PT) Episode: Childhood Rape: Male Survivors (Part 1)
Iyanla meets with five men who were sexually abused as children. The group hopes to overcome the shame of their abuse and face their trauma head-on, but one member refuses to participate in the process placing everyone’s healing in jeopardy. Part 1 of 2.

(P) Saturday, October 14 (9 p.m. – 10 p.m. ET/PT) Episode: Childhood Rape: Male Survivors (Part 2)
As Iyanla continues to work with five men who were victims of childhood sexual abuse, Eugene’s continued refusal to participate in the process turns into a stand-off with Iyanla, prompting her to bring in outside help. Part 2 of 2.

(P) Saturday, October 21 (9 p.m. – 10 p.m. ET/PT) Episode: Beyond Repair: Marriage in Crisis (Part 1)
Iyanla works with three couples whose marriages are on the brink of collapse. She dives head first into their infidelities, baggage and breakdowns in order to find a fix for each couple – even if that means divorce. Part 1 of 3.

(P) Saturday, October 28 (9 p.m. – 10 p.m. ET/PT) Episode: Beyond Repair: Marriage in Crisis (Part 2)
Iyanla helps three couples whose marriages are in critical condition. Dwight faces a painful reality with Marcia, La’Gena works to understand the root of Cornelius’ infidelity, and Lamar shocks the group with his behavior. Part 2 of 3.

IF LOVING YOU IS WRONG
Tuesdays (9 p.m. – 10 p.m. ET/PT)
“If Loving You Is Wrong,” from Tyler Perry, delves into the lives of neighbors and friends-turned-frenemies Alex (Amanda Clayton), Kelly (Edwina Findley Dickerson), Marcie (Heather Hemmens), Esperanza (Zulay Henao) and Natalie (April Parker-Jones). This season, the neighborhood that once was the perfect picture of suburban life has never recovered from the scandalous affair that tore apart two marriages, and jeopardized every friendship the couples held close. The series also stars Joel Rush, Eltony Williams, Aiden Turner, Charles Malik Whitfield, Denzel Wells and Jay Hunter.

(P) Tuesday, October 3 (9 p.m. – 10 p.m. ET/PT) Episode: In Distress
Lushion (Charles Malik Whitfield) goes to the aid of Kelly (Edwina Findley Dickerson) as she is wrongfully accused of a serious crime.

(P) Tuesday, October 10 (9 p.m. – 10 p.m. ET/PT) Episode: Enemy Secrets
Eddie (Joel Rush) declares war on Steven (Ryan Haake) and Lushion (Charles Malik Whitfield). Kelly (Edwina Findley Dickerson) finds some help for her legal troubles.

(P) Tuesday, October 17 (9 p.m. – 10 p.m. ET/PT) Episode: A Tast of Freedom
Randal (Eltony Williams) intensifies his twisted harassment of Alex (Amanda Clayton) and Brad (Aiden Turner).

(P) Tuesday, October 24 (9 p.m. – 10 p.m. ET/PT) Episode: Falling
Brad (Aiden Turner) gets even with Randal (Eltony Williams). Randal calls the police but is not given much help.

(P) Tuesday, October 31 (9 p.m. – 10 p.m. ET/PT) Episode: Something is Rotten
Randal (Eltony Williams) secretly undermines Marcie (Heather Hemmens) in her attempts to hire legal counsel. Also, Eddie (Joel Rush) surprises Esperanza (Zulay Henao) and is angered by his discovery.

SUPER SOUL SUNDAY
Sundays (11 a.m. – 12 p.m. ET/PT)
“Super Soul Sunday” is the three-time Emmy award-winning series that delivers timely, thought-provoking, eye-opening and inspiring programming designed to help viewers awaken to their best selves and discover a deeper connection to the world around them. The series features all-new conversations between Oprah Winfrey and top thinkers, authors, visionaries and spiritual leaders exploring themes and issues including happiness, personal fulfillment, spirituality, conscious living and what it means to be alive in today’s world.

(P) Sunday, October 22 (11 a.m. – 12 p.m. ET/PT) Episode: Eckhart Tolle
Oprah Winfrey sits down with visionary thought leader Eckhart Tolle to discuss his view of why the world is in the midst of an emotional shift.

(P) Sunday, October 29 (11 a.m. – 12 p.m. ET/PT) Episode: David Steindl-Rast
Oprah Winfrey is joined by Brother David Steindl-Rast, Benedictine monk, author and scholar, to talk about the true source of lasting joy.

###

PUBLICITY CONTACTS:
Chelsea Hettrick
Chelsea_Hettrick@own.tv, 323.602.5570
Queen Sugar

Morgan Di Stefano
Morgan_DiStefano@own.tv, 323.602.1734
If Loving You Is Wrong

Kristin Robinson
Kristin_Robinson@own.tv, 323.602.5570
Queen Sugar, Released, Iyanla: Fix My Life

James Ward III
James Ward III@own.tv, 323.602.1773
Released

Irma Lozano
Irma_Lozano@own.tv, 323.602.5624
If Loving You Is Wrong

Gemma Bauer
Gemma_Bauer@own.tv, 312.739.5444
Super Soul Sunday