



**FOR IMMEDIATE RELEASE**  
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**DISCOVERY FIT & HEALTH OFFERS AN INTIMATE LOOK INTO THE MYSTERIOUS MIND WITH ANNUAL PSYCH WEEK PROGRAMMING EVENT, ANCHORED BY THE PREMIERE OF *BORN SCHIZOPHRENIC: JANI AND BODHI'S JOURNEY* ON MAY 26**

(Silver Spring, MD)—In conjunction with Mental Health Awareness Month in May, Discovery Fit & Health's fifth annual **PSYCH WEEK**, airing **May 26-June 1**, presents a week of mindful programming dedicated to individuals dealing with a spectrum of mental illnesses and brain disorders. Anchoring **PSYCH WEEK** is the next installment in a series of specials, [Born Schizophrenic](#), chronicling the Schofield family. Jani Schofield, one of the youngest children ever diagnosed with schizophrenia, is making great strides with her illness and functioning much like a typical 11-year-old girl. But attention has now turned to her younger brother Bodhi, 6, and his own journey toward diagnosis, as his severe autism and intermittent explosive disorder leaves his parents begging for answers and battling daily to protect him from himself. The special follows Susan and Michael Schofield as they struggle through daily tasks and highlights the tremendous troubles and triumphs of raising two children with mental illness, all while keeping the only family they know together. **BORN SCHIZOPHRENIC: JANI AND BODHI'S JOURNEY**, premieres **Monday, May 26 at 10/9c on Discovery Fit & Health.**

"Discovery Fit & Health dives deep into the mysteries of the mind, focusing on the importance of mental health awareness with our annual **PSYCH WEEK**, as we solidify ourselves as *the* home for medical and health programming on television," said Jane Latman, general manager of Discovery Fit & Health. "The Schofields invite our viewers into their hearts and home to help educate others in **BORN SCHIZOPHRENIC**, a heart-wrenching and inspiring documentary about raising their two remarkable children."

In conjunction with **PSYCH WEEK**, Discovery Fit & Health is working with Bring Change 2 Mind (<http://www.bringchange2mind.org/>), the organization founded by actress Glenn Close that focuses on working to end the stigma and discrimination of mental illness. In an effort to perpetuate their message, DF&H will air PSAs for the organization and provide on-air messaging to viewers with information and resources to help defuse preexisting taboos on mental health and useful tips on how to improve their own lives.

In addition to the world premiere of **BORN SCHIZOPHRENIC: JANI AND BODHI'S JOURNEY** on May 26 at 10/9c, Discovery Fit & Health packs its primetime schedule full of premieres each night of the week with programming that helps raise awareness of mental health, such as network premieres of: **20/20: MYSTERIOUS MINDS** and **HOARDING: BURIED ALIVE** as well as encore presentations of: **THIS IS AUTISM; THE WOMAN WITH 15 PERSONALITIES; THE TOWN THAT CAUGHT TOURETTE'S; I'M PREGNANT AND... OCD; I'M PREGNANT AND... BIPOLAR;** and **MY STRANGE ADDICTION**. Previously aired specials of **BORN SCHIZOPHRENIC** will air leading up to the premiere on May 26.

Discovery Fit & Health features popular online and social media destinations, leveraged to provide awareness to consumers about a myriad of health and wellness organizations. More information can be found at [DiscoveryFitandHealth.com](http://DiscoveryFitandHealth.com), [facebook.com/DiscoveryHealth](https://facebook.com/DiscoveryHealth) and [twitter.com/disc\\_health](https://twitter.com/disc_health).

**BORN SCHIZOPHRENIC: JANI AND BODHI'S JOURNEY** is produced for Discovery Fit & Health by Homerun Entertainment with Barry Gribbon and Greg Spring as executive producers. For Discovery Fit & Health, Amy Doyle is executive producer, Jane Latman is general manager, and Henry Schleiff is Group President, Investigation Discovery, Destination America, American Heroes Channel and Discovery Fit & Health.

#### **About Discovery Fit & Health**

Discovery Fit & Health is the only true home for medical and health programming on television. Available in 47 million homes, the network explores life's twists and turns with gripping, real-life stories, from baffling medical mysteries to heroic emergency situations, remarkable conditions and unique relationships. Discovery Fit & Health also features popular online and social media destinations found at [DiscoveryFitandHealth.com](http://DiscoveryFitandHealth.com), [facebook.com/DiscoveryHealth](https://facebook.com/DiscoveryHealth) and [twitter.com/disc\\_health](https://twitter.com/disc_health). Discovery Fit & Health is part of Discovery Communications (Nasdaq: DISCA, DISCB, DISCK), the world's #1 nonfiction media company reaching more than 2 billion cumulative subscribers in 220 countries and territories.

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